



KIDZ PLEDGE 2023

Pick one action below or write in your own that fits you best!

I _____ (name) pledge to **SHARE HOPE!**

I promise to _____!

Reduce My Ride

- Encourage my friends to ride a bike, bus, or walk
- Ride my bike to school and around town instead of asking my parents to drive me

Save Energy

- Hang my clothes to dry instead of using a dryer (easy chore!)
- Turn off the lights when I'm not using them
- Get my parents to buy and use LED light bulbs!

Reduce and Re-Use

- Take good care of my stuff so it lasts longer!
- Buy used: shop at local thrift stores!

Get Involved

- Dig in at my school garden or join a school environmental club
- Tell friends or family about the Cool Davis Earth Day Pledge Challenge (see below)
- Ask parents and teachers about climate change

Eat Thoughtfully

- Watch a documentary about plant-based eating
- Ask for a plant-based dinner at least once a week
- Avoid palm oil starting with food reading labels
- Strategize to minimize food waste

Put this pledge on a bulletin board, fridge, wall, or mirror to remember!

Check out the Earth Day Pledge Challenge (ages 11 and up)

www.cooldavis.org/pledge

Contact us at coolsolutions@cooldavis.org

Visit us at www.cooldavis.org or @cooldaviscity

