



COOL HOME CHECKLISTS



TRANSPORTATION CHECKLIST



Check off the items as you get them done. Remember, it's not always about making drastic changes, but rather changing where you're at on the 'cool scale'.

DONE	Change Commute	TO DO
	Telecommute ___days/wk	
	Carpool ___days/wk	
	Ride bus/Train ___miles/wk	
	Ride bike ___miles/wk	
	Teleconference ___/year	
	Reduce air travel by ___%	
DONE	Change Mode In Town	TO DO
	Walk to restaurants	
	Bike/skate for errands	
	Ride bus to Sac or campus	
DONE	Change Habits	TO DO
	Practice eco-driving	
	Maintain vehicles regularly	
	Reduce speed by 15mph	
	Consolidate trips	
	Take "staycations"	
	Bike with friends & family	
DONE	Change Vehicle	TO DO
	Drive more efficient vehicle	
	Drive an electric vehicle	
	Drive a hybrid vehicle	
	Drive a micro vehicle	
	Reduce # of cars owned	
DONE	Share	TO DO
	Share rides or carpool	
	Carshare with a friend	
	Use ride services	
	Rent instead of owning	

For more tools for sustainable living, visit us at www.cooldavis.org

CONSUMPTION CHECKLIST



Check off the items as you get them done. Remember, it's not always about making drastic changes, but rather changing where you're at on the 'cool scale'.

DONE	Water	TO DO
	Replace turf w/drought tolerant	
	Install smart/drip irrigation	
	Catch greywater or rainwater	
	Filter water instead of bottled	
DONE	Food	TO DO
	Eat plant-based meal ___days/wk	
	Eat a vegetarian or vegan diet	
	Eat whole foods not processed	
	Raise chickens	
	Buy fruits/veggies in season	
	Buy organic	
DONE	Waste	TO DO
	BYO bottle, dish, bag, jar	
	Compost/vermiculture	
	Recycle glass, plastic, metal	
	Repair, repurpose, or donate	
	Use rechargeable batteries	
	Buy in bulk/avoid packaging	
	Use cloth bags instead of paper	
DONE	Change Vehicle	TO DO
	Invest in higher quality stuff	
	Buy local & at farmers markets	
	Research with web, phone	
	Buy recycled products	
	Reduce unnecessary shopping	
DONE	Share or Rent	TO DO
	Share tools, equip with others	
	Trade services or expertise	

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HOME ENERGY CHECKLIST



Check off the items as you get them done. Remember, it's not always about making drastic changes, but rather changing where you're at on the 'cool scale'.

	Get a home energy audit	
DONE	Change Habits	TO DO
	Keep windows and doors closed when AC or heat on	
	Open windows on cool summer nights. Let in winter sunshine.	
	Dry laundry on racks or lines	
	Take shorter showers	
	Get HVAC tune up	
	Turn off lights not in use	
	Close chimney flue seasonally	
	Maintain HVAC and appliances. Clean coils and filters 3-4x/yr	
DONE	Change Set Points	TO DO
	Lower hot water heater temp	
	Lower thermostat in winter (68°F or lower)	
	Raise thermostat in summer (78°F or higher)	
DONE	Change Products	TO DO
	Buy Energy Star appliances and electronics	
	Use smart strips with timers for lights and electronics	
	Use light dimmers	
	Buy solar powered devices	
	Down size refrigerators/freezers	
	Use a solar cooker or microwave	
	Install low flow fixtures, aerators	

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HOME SYSTEMS CHECKLIST



Check off the items as you get them done. Remember, it's not always about making drastic changes, but rather changing where you're at on the 'cool scale'.

DONE	Change Systems	TO DO
	Install LED bulbs (low Kelvin)	
	Install motion detector lights	
	Install skylights/solartubes	
	Install/program smart thermostat	
	Install weather stripping	
	Seal leaky windows and doors	
	Upgrade to dual pane HE windows	
	Install a whole house fan	
	Install ceiling and attic fans	
	Install swamp or window fan units	
	Seal attic penetrations	
	Insulate and seal HVAC ducts	
	Insulate attic space to R39	
	Insulate walls	
	Install solar thermal water heater	
	Install efficient HVAC system	
	Install heat exchange radiant panel	
	Install photovoltaic panels (solar)	
	Remove, disable, or seal off wood-burning fireplaces	
	Plant/build south & west side trees, shades, awnings, soffits	
	Offset with "Green" electricity	

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