

***Breaking with Fear* by Nick Buxton**

What actions or strategies – individual or collective – can we consider for promoting real and lasting change?

Gathered Nov. 29, 2016 from 107 participants

The power to change ourselves:

Take personal responsibility for climate change and don't ever give up!

(3) Pay attention to our own transportation habits: walk, bike, bus, train.

Install and promote solar panels.

(2) Eat less/no meat.

Invest in solutions and organizations/companies that do not harm to the environment; Divest from those that cause harm.

Change to a local bank/credit union (i.e. divest from banks funding DAPL, etc.).

Challenge ourselves collectively to move past our comfort zone to disentangle ourselves from our complicity, i.e. in our financial holdings.

(2) Conserve water, harvest rain water, use grey water.

Grow food and compost.

Support sustainable agriculture.

Eat locally, shop locally, buy recyclable products.

Reuse, reduce, recycle, repair, repurpose, buy used.

Make charitable donations.

Challenge what we consider a *normal* lifestyle.

Give gifts that help others and build connection between our local family life and global neighbors.

Wake up and advocate:

(2) Elect more women to public office – balance the deck! See our revolution.org!

Join the Million Woman March in DC Jan. 21.

Show up at marches, protests, walks, sit-ins in huge numbers over and over; take to the streets; let our voices be heard.

Become involved in grassroots work for causes you believe in. Your efforts can be very effective.

Become a spokesperson.

(3) Work locally for a national carbon fee with dividend plan. (Citizen's Climate Lobby)

Work to remove economic, financial, logistic barriers to allow sustainable choices.

Secure human rights, abolish monopolies, fund education, defund military, separate corporate interests from government and news media, increase social services, work towards democracy.

Get people to infiltrate corporations and government and release information to the public.

The need for Education:

Educate: get the facts on climate change & global warming, take college courses.

Encourage study of sociology, history, literature, psychology.

Seek knowledge, climate curiosity, inquiry.

Explore the correlation between quality and quantity of education and liberal values.

Building Understanding:

Constantly challenge ourselves and organizations on race, gender, sexual biases, etc.

Learn non-violent communication and conflict resolution and how to embrace differences and find common ground.

Provide high school training in listening, conflict resolution, non-violent communication, openness.

Connect with younger people by talking with them, listening to them, inspiring them to join a movement for change.

Listen to people with whom you disagree.

Get out of your own echo chamber.

Ask questions.

Build trust vs fear.

Talk without belligerence.

Do door-to-door listening.

Create opportunities for community-led discussion.

(3) Create a program to get penpals in neighboring cities, communities, congressional districts, states, and other countries.

Sisterdistrict.org? Does Davis need a sister city in a red state?

Strengthening our own Community:

Get to know our neighbors and check on them.

Enthusiasm: recognize the power of the devoted to change culture with enthusiasm.

Value community organizers.

Support local endeavors.

Support community action.

Volunteer with organizations; Join a group and get to work.

Create a gathering place and time for social progressive issues, great ideas and practical actions.

Create a venue for students to become politically active; Encourage social and climate justice action on campus with outreach to surrounding communities.

Welcome and invite climate refugees to our sanctuary city.

Provide more restorative justice.

As a city create a garden for the homeless.

Action at the City and State levels:

Continue work on disaster preparedness and communicate to residents.

Develop Next Door Neighborhood communications, including a Watch program.

Offer incentives for desired behavior changes (i.e. diamond lanes for hybrids, rebates, etc.).

(2) Strengthen home building codes for efficiency features such as whole house fans, etc.

(3) Promote walking, bicycling, bus, and train; subsidize living closer to work; set up toll-free carpooling

Initiate a CA State Public Bank to break with Wallstreet and free up creative financing within the state.

Encourage support for local community & economy.

Bottom-up policy making: need for a more collaborative government

Provide training for green jobs.

Set up Yolo County Student Sanctuary; also Davis, Sacramento, Woodland, Dixon, Winters